Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.umr.com or by calling 1-844-212-6811. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.umr.com or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$500 person / \$1,000 person + one / \$1,500 family In-network \$1,000 person / \$2,000 person + one / \$3,000 family Out-of-network	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$4,500 person / \$9,000 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.umr.com or call 1-844-212-6811 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.



Common	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 Copay per visit; Deductible Waived	50% Coinsurance	None
	<u>Specialist</u> visit	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	\$25 Copay per visit PCP; \$50 Copay per visit Specialist; Deductible Waived office setting; 20% Coinsurance outpatient setting	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you need drugs to treat your illness or condition.  More information about prescription drug coverage is available at www.maxorplus .com.	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered	
	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail &
	Non-preferred brand drugs (Tier 3)	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required
	Specialty drugs (Tier 4)	50% up to a Maximum of \$150 per prescription	Not covered	
f you have	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	None
outpatient surgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None
If you need immediate medical attention	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	Urgent care	20% Coinsurance	50% Coinsurance	None

Common		What You	u Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Need In-network Out-of-network (You will pay the least) (You will pay the mos		Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits	
	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	could be reduced by \$500 of the total cost of the service.	
If you have mental health, behavioral health, or substance abuse services	Outpatient services	\$25 Copay per visit; Deductible Waived office visits; 20% Coinsurance other outpatient services	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for	
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copaymen or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.	
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	ultrasound).	

Common	Services You May Need	What Yo	ou Will Pay	Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year; Habilitation services for Learning
If you need	Habilitation services	20% Coinsurance	50% Coinsurance	Disabilities are not covered.
help recovering or have other special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year;  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
1415	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance Marketplace</a>. For more information about the Marketplace, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

\$500

\$50

20%

20%

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$500
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

■ The plan's overall deductible
■ Specialist copayment
■ Hospital (facility) coinsurance

Other coinsurance

#### This EXAMPLE event includes services like:

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-

controlled condition)

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

**Durable medical equipment (crutches)** 

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$500	Deductibles*	\$200	Deductibles*	\$500
Copayments	\$200	Copayments	\$200	Copayments	\$0
Coinsurance	\$1,900	Coinsurance	\$0	Coinsurance	\$700
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Peg would pay is	\$2,670	The total Joe would pay is	\$4,700	The total Mia would pay is	\$1,210

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.umr.com">www.umr.com</a> or by calling 1-844-212-6811. For general definitions of common terms, such as allowed amount, <a href="https://balance.billing.coinsurance.copayment">balance billing.coinsurance.copayment</a>, <a href="https://decample.coinsurance.copayment">deductible</a>, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$750 person / \$1,500 person + one / \$2,250 family In-network \$1,500 person / \$3,000 person + one / \$4,500 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$5,000 person / \$10,000 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 for a list of <a href="https://metwork.providers">network providers</a> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



Common		What Yo	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 Copay per visit; Deductible Waived	50% Coinsurance	None
	Specialist visit	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge; Deductible Waived office setting; \$25 Copay per visit Non-Hospital lab/pathology; \$75 Copay per visit Non-Hospital radiology center; Deductible Waived; 20% Coinsurance outpatient setting	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	\$25 Copay per visit PCP; \$50 Copay per visit Specialist; Deductible Waived office setting; 20% Coinsurance outpatient setting	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common		What You	u Will Pay	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	y Need In-network Out-of-network (You will pay the least) (You will pay the mos		Important Information	
If you need drugs to treat	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered		
your illness or condition.	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail &	
information about prescription drug coverage is available at www.maxorplus .com.	Non-preferred brand drugs (Tier 3)	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required	
	Specialty drugs (Tier 4)	50% up to a Maximum of \$150 per prescription	Not covered		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 Copay per visit; Deductible Waived Ambulatory Surgery Center; 20% Coinsurance all other facilities	50% Coinsurance	None	
	Physician/surgeon fees	No charge; Deductible Waived Ambulatory Surgery Center; 20% Coinsurance all other physicians	50% Coinsurance	Ñone	
If you need	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
mmediate nedical	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits	
attention	Urgent care	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None	

Common	Services You May Need	What You	ı Will Pay	Limitations, Exceptions, & Other
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	could be reduced by \$500 of the total cost of the service.
If you have mental health, behavioral	Outpatient services	\$25 Copay per visit; Deductible Waived office visits; 20% Coinsurance other outpatient services	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
health, or substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for
if you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	ultrasound).

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other
		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year;
If you need	Habilitation services	20% Coinsurance	50% Coinsurance	Habilitation services for Learning Disabilities are not covered.
help recovering or have other special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year;  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.healthCare.gov">Marketplace</a>, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.HealthCare.gov</u> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

# Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700
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n this example, Peg would pay:	
Cost Sharing	
Deductibles	\$750
Copayments	\$0
Coinsurance	\$1,800
What isn't covered	
Limits or exclusions	\$70
The total Peg would pay is	\$2,620

# Managing Joe's Type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

■ The plan's overall deductible	\$750
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up

■ The plan's overall deductible	\$750
Specialist copayment	\$50
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic tests (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing	
Deductibles*	\$200	Deductibles*	\$750
Copayments	\$200	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$500
What isn't covered		What isn't covered	
Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Joe would pay is	\$4,700	The total Mia would pay is	\$1,260

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.umr.com or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?"" row above.

Coverage for: Individual + Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.umr.com">www.umr.com</a> or by calling 1-844-212-6811. For general definitions of common terms, such as <a href="https://www.umr.com">allowed amount</a>, <a href="https://www.umr.com">balance billing</a>, <a href="https://www.umr.com">coinsurance</a>, <a href="https://www.umr.com">copayment</a>, <a href="https://www.umr.com">deductible</a>, <a href="https://www.umr.com">provider</a>, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,600 person / \$3,200 family In-network \$3,200 person / \$6,400 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$3,500 person / \$6,550 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket</u> <u>limit</u> must be met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.umr.com</u> or call 1-844-212-6811 for a list of <u>network providers</u> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



Common Medical Event		What You Will Pay		Limitations, Exceptions, & Other
	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% Coinsurance	50% Coinsurance	None
	<u>Specialist</u> visit	20% Coinsurance	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for
If you have a test	Diagnostic test (x-ray, blood work)	20% Coinsurance	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common Medical Event		What You Will Pay		Limitations, Exceptions, & Other
	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you need drugs to treat	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered	
your illness or condition.	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail &
information about prescription drug coverage is available at	Non-preferred brand drugs (Tier 3)	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required
www.maxorplus	Specialty drugs (Tier 4)	50% up to a Maximum of \$150 per prescription	Not covered	
f you have	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	None
outpatient surgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None
If you need immediate medical attention	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
	Urgent care	20% Coinsurance	50% Coinsurance	None

Common Medical Event		What You Will Pay		Limitations, Exceptions, & Other
	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	
If you have mental health, behavioral health, or substance abuse services	Outpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
If you are pregnant	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for
	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	ultrasound).

Common Medical Event		What You Will Pay		Limitations, Exceptions, & Other
	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year; Habilitation services for Learning
If you need	Habilitation services	20% Coinsurance	50% Coinsurance	Disabilities are not covered.
help recovering or have other special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year;  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. Visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at <u>www.HealthCare.gov</u> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,600
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Charlest visit (apacthosis)

Specialist visit (anesthesia)

Managing J	loe's Type	2 Diabetes
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(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,600
■ Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,600
■ Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

**Durable medical equipment (crutches)** 

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
in this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,600	Deductibles*	\$1,100	Deductibles*	\$1,600
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$1,900	Coinsurance	\$0	Coinsurance	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Peg would pay is	\$3,570	The total Joe would pay is	\$5,400	The total Mia would pay is	\$1,810

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

Coverage for: Individual + Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.umr.com or by calling 1-844-212-6811. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at www.umr.com or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$2,500 person / \$5,000 family In-network \$5,000 person / \$10,000 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$3,450 person / \$6,550 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , the overall family <u>out-of-pocket</u> <u>limit</u> must be met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 for a list of <a href="https://metwork.providers">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% Coinsurance	50% Coinsurance	None
If you visit a health care provider's office or clinic	Specialist visit	20% Coinsurance	50% Coinsurance	None
	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for.
if you have a	Diagnostic test (x-ray, blood work)	20% Coinsurance	50% Coinsurance	None
test	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common		What Yo	ou Will Pay	Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you need drugs to treat	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered	
your illness or condition.	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail &
nformation about prescription drug coverage s available at	Non-preferred brand drugs (Tier 3) \$110 Copay per page (retail); \$220 Cop	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required
www.maxorplus com.	Specialty drugs (Tier 4)	50% up to a Maximum of \$150 per prescription	Not covered	
f you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	None
urgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None
	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
If you need immediate medical	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
ttention	Urgent care	20% Coinsurance	50% Coinsurance	None

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	could be reduced by \$500 of the total cost of the service.
If you have mental health, behavioral	Outpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
health, or substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	ultrasound).

Common		What Yo	What You Will Pay	Limitations, Exceptions, & Other
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year; Habilitation services for Learning
If you need	Habilitation services	20% Coinsurance	50% Coinsurance	Disabilities are not covered.
help recovering or have other special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year;  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- · Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance Marketplace</a>. For more information about the Marketplace, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">www.HealthCare.gov</a> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

■ The plan's overall deductible	\$2,500
■ Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up

■ The plan's overall deductible	\$2,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic tests (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$2,500	Deductibles*	\$1,100	Deductibles*	\$2,500
Copayments	\$0	Copayments	\$0	Copayments	\$0
Coinsurance	\$1,000	Coinsurance	\$0	Coinsurance	\$60
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Peg would pay is	\$3,570	The total Joe would pay is	\$5,400	The total Mia would pay is	\$2,570

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.umr.com or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?"" row above.

Coverage for: Individual + Family | Plan Type: HDHP



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.umr.com">www.umr.com</a> or by calling 1-844-212-6811. For general definitions of common terms, such as allowed amount, <a href="https://balance.billing.coinsurance.copayment">balance billing.coinsurance.copayment</a>, <a href="https://decar.google.coinsurance.copayment">deductible</a>, provider, or other <a href="https://www.umr.com">underlined</a> terms, see the Glossary. You can view the Glossary at <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$5,000 person / \$10,000 family in-network \$10,000 person / \$20,000 family Out-of-network \$5,000 In-network / \$10,000 Out-of-network Maximum amount that any one person will satisfy towards the annual family deductible	Generally, you must pay all the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$6,450 person / \$12,900 family In-network Unlimited Out-of-network \$6,450 In-network Maximum amount that any one person will satisfy towards the annual family out-of- pocket	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.umr.com</u> or call 1-844-212-6811 for a list of <u>network providers</u> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



Common		What You	Limitations, Exceptions, & Other	
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% Coinsurance	50% Coinsurance	None
If you visit a health care provider's office or clinic	Specialist visit	20% Coinsurance	50% Coinsurance	None
Preventive care/screening/ immunization		No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for.
If you have a	Diagnostic test (x-ray, blood work)	20% Coinsurance	50% Coinsurance	None
test	Imaging (CT/PET scans, MRIs)	20% Coinsurance	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.

Common		What You Will Pay		Limitations, Exceptions, & Other
Medical Event Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information	
If you need drugs to treat your illness or condition.  Preferred brand drugs (Tier 2)  More information about prescription drug coverage is available at www.maxorplus .com.  Specialty drugs (Tier 4)	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered	
	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail
	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required	
	50% up to a Maximum of \$150 per prescription	Not covered		
f you have	Facility fee (e.g., ambulatory surgery center)	20% Coinsurance	50% Coinsurance	None
surgery	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None
	Emergency room care	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
If you need immediate medical attention	Emergency medical transportation	20% Coinsurance	20% Coinsurance	In-network deductible applies to Out-of-network benefits
nteritivii	Urgent care	20% Coinsurance	50% Coinsurance	None

Common	Services You May Need	What Yo	Limitations, Exceptions, & Other	
Medical Event		In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information
If you have a	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits
hospital stay	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	could be reduced by \$500 of the total cost of the service.
If you have mental health, behavioral	Outpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
health, or substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	ultrasound).

Common		What Yo	What You Will Pay	
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	20% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Rehabilitation services	20% Coinsurance	50% Coinsurance	60 Maximum visits per plan year; Habilitation services for Learning
If you need	Habilitation services	20% Coinsurance	50% Coinsurance	Disabilities are not covered.
special health needs	Skilled nursing care	20% Coinsurance	50% Coinsurance	120 Maximum visits per plan year; Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.
	Durable medical equipment	20% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.
	Hospice service	20% Coinsurance	50% Coinsurance	None
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

 Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.healthCare.gov">Marketplace</a>, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$5,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

<b>Total Example</b>	Cost	\$12	,700

n this example, Peg would pay:	
Cost Sharing	
Deductibles	\$5,000
Copayments	\$0
Coinsurance	\$1,300
What isn't covered	
Limits or exclusions	\$70
The total Peg would pay is	\$6,370

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$5,000
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$5,000
■ Specialist coinsurance	20%
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic tests (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing	
<u>Deductibles*</u>	\$1,100	<u>Deductibles</u>	\$2,800
Copayments	\$0	Copayments	\$0
Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered	
Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Joe would pay is	\$5,400	The total Mia would pay is	\$2,810
	,		

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

Coverage for: Individual + Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.umr.com">www.umr.com</a> or by calling 1-844-212-6811. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$1,200 person / \$2,400 person +1 / \$3,600 family In-network \$2,400 person / \$4,800 person +1 / \$7,200 family Out-of-network	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$6,000 person / \$12,000 family In-network Unlimited Out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.umr.com">www.umr.com</a> or call 1-844-212-6811 for a list of <a href="https://www.umr.com">network providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information		
	Primary care visit to treat an injury or illness	\$25 Copay per visit; Deductible Waived	50% Coinsurance	None	
If you visit a health care	Specialist visit	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None	
provider's office or clinic	Preventive care/screening/ immunization	No charge; Deductible Waived	50% Coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive.  Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	No charge; Deductible Waived labs when billed without an office visit; \$25 Copay per visit PCP; \$50 Copay per visit Specialist; Deductible Waived labs when billed with an office visit & x-rays facility office setting; \$25 Copay per visit Non-Hospital lab/pathology; \$75 Copay per visit Non-Hospital radiology center; Deductible Waived; 30% Coinsurance physician office setting x-rays & outpatient setting	50% Coinsurance	None	
	Imaging (CT/PET scans, MRIs)	\$25 Copay per visit PCP; \$50 Copay per visit Specialist; Deductible Waived office setting; 30% Coinsurance outpatient setting	50% Coinsurance	Preauthorization is required for certain imaging services. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information		
If you need drugs to treat	Generic drugs (Tier 1)	\$10 Copay per prescription (retail); \$20 Copay per prescription (mail order)	Not covered		
your illness or condition.  More	Preferred brand drugs (Tier 2)	\$60 Copay per prescription (retail); \$120 Copay per prescription (mail order)	Not covered	Out-of-pocket limit applies  Covers up to a 30 day supply (retail &	
information about prescription drug coverage is available at www.maxorplus .com.  Non-preferred brand drugs (Tier 3)  Specialty drugs (Tier 4)	\$110 Copay per prescription (retail); \$220 Copay per prescription (mail order)	Not covered	specialty); 31-90 day supply (mail order)  Preauthorization may be required		
	50% up to a Maximum of \$150 per prescription	Not covered			
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$250 Copay per visit; Deductible Waived Ambulatory Surgery Center; 30% Coinsurance all other facilities	50% Coinsurance	None	
surgery	Physician/surgeon fees	No charge; Deductible Waived Ambulatory Surgery Center; 30% Coinsurance all other physicians	50% Coinsurance	None	
If you need	Emergency room care	30% Coinsurance	30% Coinsurance	In-network deductible applies to Out-of-network benefits	
immediate medical	Emergency medical transportation	30% Coinsurance	30% Coinsurance	In-network deductible applies to Out-of-network benefits	
attention	Urgent care	\$50 Copay per visit; Deductible Waived	50% Coinsurance	None	

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information		
If you have a	Facility fee (e.g., hospital room)	30% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits	
hospital stay	Physician/surgeon fees	30% Coinsurance	50% Coinsurance	could be reduced by \$500 of the total cost of the service.	
If you have mental health, behavioral	Outpatient services	\$25 Copay per visit; Deductible Waived office visits; 30% Coinsurance other outpatient services	50% Coinsurance	Preauthorization is required for Partial hospitalization. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
health, or substance abuse services	Inpatient services	30% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
	Office visits	No charge; Deductible Waived	50% Coinsurance	Cost sharing does not apply for	
Childbirth/delivery professional services  Childbirth/delivery facility services	30% Coinsurance	50% Coinsurance	preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e.		
	30% Coinsurance	50% Coinsurance	ultrasound).		

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Important Information		
	Home health care	30% Coinsurance	50% Coinsurance	Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
	Rehabilitation services	30% Coinsurance	50% Coinsurance	60 Maximum visits per plan year;	
If you need	Habilitation services	30% Coinsurance	50% Coinsurance	Habilitation services for Learning Disabilities are not covered.	
help recovering or have other special health needs	Skilled nursing care	30% Coinsurance	50% Coinsurance	120 Maximum visits per plan year;  Preauthorization is required. If you don't get preauthorization, benefits could be reduced by \$500 of the total cost of the service.	
	Durable medical equipment	30% Coinsurance	50% Coinsurance	Preauthorization is required for DME in excess of \$500 for rentals or \$1,500 for purchases. If you don't get preauthorization, benefits could be reduced by \$500 per occurrence.	
	Hospice service	30% Coinsurance	50% Coinsurance	None	
	Children's eye exam	Not covered	Not covered	None	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None	
	Children's dental check-up	Not covered	Not covered	None	

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Infertility treatment
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

Hearing aids

Non-emergency care when traveling outside the U.S.

Chiropractic care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.healthCare.gov">Marketplace</a>, visit <a href="https://www.healthCare.gov">www.healthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">www.HealthCare.gov</a> and <a href="http://cciio.cms.gov/programs/consumer/capgrants/index.html">http://cciio.cms.gov/programs/consumer/capgrants/index.html</a>.

### Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-844-212-6811.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$1,200
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	30%
Other coinsurance	30%

#### This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)

Specialist visit (anesthesia)

Managing Joe's Type 2 Diabetes
(a year of routine in-network care of a well-
controlled condition)

■ The plan's overall deductible	\$1,200
■ Specialist copayment	\$50
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

**Prescription drugs** 

Durable medical equipment (glucose meter)

## Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$1,200
■ Specialist copayment	\$50
Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

#### This EXAMPLE event includes services like:

**Emergency room care (including medical supplies)** 

Diagnostic tests (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
in this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,200	Deductibles*	\$200	Deductibles*	\$1,200
Copayments	\$0	Copayments	\$200	Copayments	\$0
Coinsurance	\$3,000	Coinsurance	\$0	Coinsurance	\$400
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$70	Limits or exclusions	\$4,300	Limits or exclusions	\$10
The total Peg would pay is	\$4,270	The total Joe would pay is	\$4,700	The total Mia would pay is	\$1,610

Note: These numbers assume the patient does not participate in the <u>plan's</u> wellness program. If you participate in the <u>plan's</u> wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: <u>www.umr.com</u> or call 1-844-212-6811.

\*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?"" row above.