

Crisis Intervention and Mental Health Resources in the Prescott Area

Programs may change without notice. Please verify availability and details by calling each agency or checking their website.

Revised 4/2015

HELP PUSD SCHOOL STAFF MAY BE ABLE TO GIVE

- **Alert the teacher or school nurse if you are concerned about a student harming themselves or others**
- Ask the **School Nurse or front desk** if s/he can help your student connect with the SAVE program (see description below)
- Ask the middle or high school **Guidance Counselor** to help connect you with counseling for students who are at-risk of not graduating (Student Support Services Coordinator) or other counseling resources in the district
- If student is approved for the **Homeless Program**, call Homeless Liaison at 928-445-5400 x130 to ask about counseling

CRISIS INTERVENTION AND SUICIDE HOTLINE RESOURCES

If a student appears in imminent danger of taking their own life, do not leave them alone. Get to the nearest **EMERGENCY ROOM**.

West Yavapai Guidance Clinic

Crisis Line/Office: 928-445-5211 or 800-293-7730

Website: www.wygc.org

Description: **Crisis Services:** During regular office hours (8am - 5pm), those in crisis may walk in to the Prescott or Prescott Valley location. Individuals experiencing a mental health crisis after regular business hours may contact WYGC's on-call crisis system for a telephone screening, stabilization and potential "next steps."

Treatment Services: Offers services for children that address mild to severe behavioral health problems.

Cost: Free or low cost.

Eligibility: Anyone experiencing a crisis may call the crisis line. Treatment services are for AHCCCS-eligible children and families, and those meeting Arizona Dept of Health Services eligibility requirements.

How to Apply: Call

Teen Lifeline

Phone: 1-800-248-TEEN (8336)

Website: www.teenlifeline.org

Description: Peer Counseling Suicide Hotline assists youth from 3 - 9pm daily. Hotline is answered by teens that are supervised by a mental health clinician.

Cost: Free

Eligibility: Arizona youth

How to Apply: Call

National Suicide Prevention Lifeline

Phone: 1-800-273-TALK (8255)

Website: <http://www.suicidepreventionlifeline.org/>

Description: To be connected to a skilled, trained counselor at a crisis center this area, anytime 24/7

Cost: Free

Eligibility: Anyone

How to Apply: Call

FREE, LOW COST & AHCCCS ELIGIBLE COUNSELING

Students Against Violence Everyday (SAVE)

Phone: 928-445-5400 ext. 130

Website: www.saveprescott.org

Description: Community mental health, medical, dental, and vision providers volunteer to provide free services to students with a critical need. Provider handles the problem and then services are concluded.

Cost: Free

Eligibility: For uninsured or under-insured PUSD students with current, critical mental health, medical, or dental needs only.

How to Apply: Ask the School Nurse or front desk for an application.

West Yavapai Guidance Clinic – Jump Start Program

Crisis Line/Office: 928-379-2660

Website: www.wygc.org

Description: Grant-funded program offers 3-5 solution-focused counseling sessions for uninsured clients.

Cost: Free

Eligibility: People who do not have insurance, including AHCCCS. Does not serve clients in crisis.

How to Apply: Call

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Community Health Center of Yavapai (County Health)

Phone: 928-583-1000
Website: www.chcy.info
Description: Limited outpatient behavioral health counseling and psychiatric services are available to children who are receiving their primary care from CHCY.
Cost: \$25 intake fee. Sliding scale fees for uninsured patients. Also accepts AHCCCS and other insurance.
Eligibility: Patients who are receiving primary care from CHCY and are not eligible for behavioral health services elsewhere.
How to Apply: Call for an appointment

Child and Family Support Services

Phone: 928-775-2500 or toll free 877-775-2570
Website: <https://cfss.com/>
Description: Outpatient behavioral health services in Prescott Valley. Includes counseling, case management, psychiatric services, and assistance with medications.
Cost: AHCCCS does not require copays for children
Eligibility: AHCCCS or KidsCare eligible children, birth through 17.
How to Apply: Call

Southwest Behavioral & Health Services

Phone: Crisis Line: 877-756-4090. Main #: 928-772-1610
Website: <https://www.sbhservices.org/>
Description: Outpatient behavioral health clinic in Prescott Valley serves children with issues ranging from depression to Serious Mental Illness. Includes psychiatric care, case management, domestic violence education, methodone program, addiction treatment, and individual, group and family counseling.
Cost: Accepts AHCCCS, private pay. Affordable Care Act/Obamacare will likely broaden types of payment accepted.
Eligibility: AHCCCS eligible children or those who can pay privately. Others may call for more information.
How to Apply: Call for more information.

INSURANCE

Arizona Health Care Cost Containment System (AHCCCS/Medicaid operated by DES)

Phone: 928-277-2800
Website: www.azahcccs.gov/applicants/application/AcuteCare.aspx
Description: Offers health insurance programs for low income people. Covers some behavioral health services.
Cost: No copays for children.
Eligibility: Based on income and other requirements.
How to Apply: Fill out online application at website above or call for information on filling out a paper application.

Health Insurance Marketplace (aka Affordable Care Act, Healthcare Reform, Obamacare, or Health Insurance Exchange)

Phone: 800-318-2596
Website: www.healthcare.gov
Description: Marketplace for private insurance plans. Covers mental health and substance use disorder services, including counseling and psychotherapy. Subsidies are offered to low and middle income people.
Cost: Varies. Subsidies are based on family size and income.
Eligibility: All U.S. citizens. Only limitations may be by immigration status.
How to Apply: Has a limited open enrollment period. Open until March 31, 2014 and then likely November 2014-January 2015 for 2015 coverage. Apply on the website or call toll free number. *Community Health Center of Yavapai* (see below) has "navigators" who can help you in person.